

JU-JITSU INTERNATIONAL FEDERATION (JJIF)



JJIF CADET COMPETITION RULE BOOK

MEMBER of GAISF
General Association of International Sports Federations
and IWGA
International World Games Association



Ju Jitsu Competitionrulebook -12 years

Fighting System

All competitions must be judged by the competitionrulebook of the IJF, regarding the following restrictions:

Besides the forbidden acts from the tree parts of the fightingsystem.

As mentioned in the rulebook of the IJF also forbidden are.

Forbidden acts:

Part one	Part two	Part tree
Direct punches on and to the face	Armlock techniques (ude kansetsu waza)	Armlock techniques (ude kansetsu waza)
Direct kicks on ant to the face	Stangelation techniques (jime waza)	Leglocks (Ashi kansetsu waza)
	Sacrificethrows (tomoe nage and hikomi waza) and all of these techniques EXCEPTION Tani Otoshi	Stangelation techniques (jime waza)
	Executing a shoulderthrow on two knees	Triangle techniques with the leg (Sankaku waza)
	With two hands getting done the legs of the opponent from below (morote gari or ryo ashi dori)	Grapping around the neck without locking in an arm (necksurrounding)
	Grapping around the neck without locking in an arm (necksurrounding)	
	Falling on an apponent after a good performed throwtechnique	

Punishment:

At each punishment the referee will make the contestant clear why the punishment has been ordered.

Protectiongear:

- Handprotection compulsory
- Mouthprotection compulsory
- Legprotection recommended
- Crossprotection recommended
- For ladies: chestprotection recommended

Competitiontime:

2 x 1.5 minutes

30 seconds of rest

Controletime:

Controletime = 15 seconds

0- 9 = 0 points

10-14 = 1 point

15 = 2 points

surrender by ticking = 3 points

Safety

In all cases in which the rulebook not provides, but in which the referee feels the safety of one or both contestants is at stake, the referee will immediately stop the match and take necessary measures. The referee has not the right to act punishing, concerning the intension of the act.

Injury

All cases of injury can be handled by those in charge of the medical assistance.

Organisation

This rulebook is for those contestant which have on december 31 of the running year not reached the age of 12

Weightcategories

Boys		Girls	
- 9 years	- 12 years	- 9 years	- 12 years
-24 kg	-28 kg	-24 kg	-28 kg
24-26 kg	28-31 kg	24-26 kg	28-31 kg
26-28 kg	31-34 kg	26-28 kg	31-34 kg
28-31 kg	34-37 kg	28-31 kg	34-37 kg
31-34 kg	37-41 kg	31-34 kg	37-41 kg
34-37 kg	41-45 kg	34-37 kg	41-45 kg
+37 kg	45-50 kg	+37 kg	45-50 kg
	+50 kg		+50 kg

The organisation will have the right to paste weightcategories together if there are not enough contestants

Duo System

Youth 8 – 12 years

- 2 Attack each serie, free choises
- Class boys and boys
- Class boys and girls
- Class girls and girls

The organisation will have the right to paste weightcategories together if there are not enough contestants

Ju Jitsu Competitionrulebook 13-16 years

Fighting System

All competitions must be judged by the competitionrulebook of the IJJF, regarding the following restrictions:

Besides the forbidden acts from the tree parts of the fightingsystem.

As mentioned in the rulebook of the IJJF also forbidden are.

Forbidden acts:

Part one	Part two	Part tree
Direct punches on and to the face	Executing a shoulderthrow on two knees	Allowed as written in the international Jiu Jitsu rulebook
Direct kicks on ant to the face	Grapping around the neck without locking in an arm (necksurrounding)	
NOTE: ONLY CIRCLED KICKS ARE ALLOWED	Falling on an apponent after a good performed throwtechnique	

Punishment:

At each punishment the referee will make the contestant clear why the punishment has been ordered.

Protectiongear:

- Handprotection compulsory
- Mouthprotection compulsory
- Legprotection recommended
- Crossprotection recommended
- For ladies: chestprotection recommended

Competitiontime:

2 x 2 minutes

1 minute of rest

Controletime:

Controletime	= 20 seconds
0- 9	= 0 points
10-19	= 1 point
20	= 2 points
surrender by ticking	= 3 points

Safety

In all cases in which the rulebook not provides, but in which the referee feels the safety of one or both contestants is at stake, the referee will immediately stop the match and take necessary measures. The referee has not the right to act punishing, concerning the intension of the act.

Injury

All cases of injury can be handled by those in charge of the medical assistance.

Organisation

This rulebook is for those contestant which have on december 31 of the running year not reached the age of 17

Weightcategories

Boys		Girls	
- 13 years	- 16 years	- 13 years	- 16 years
-31 kg	-37 kg	-34 kg	-40 kg
31-34 kg	37-41 kg	34-37 kg	40-44 kg
34-37 kg	41-45 kg	37-40 kg	44-48 kg
37-41 kg	45-50 kg	40-44 kg	48-52 kg
41-45 kg	50-55 kg	44-48 kg	52-57 kg
45-50 kg	55-60 kg	48-52 kg	57-63 kg
50-55 kg	60-66 kg	52-57 kg	63-70 kg
55-60 kg	66-73 kg	57-63 kg	70-78 kg
+60 kg	+73 kg	+63 kg	+78 kg

The organisation will have the right to paste weightcategories together if there are not enough contestants

Duo System

Youth 13 – 16 years

- 3 Attacks each serie, free choises
- Class boys and boys
- Class boys and girls
- Class girls and girls

The organisation will have the right to paste weightcategories together if there are not enough contestants