

To: IOC Medical Commission Members  
Presidents of National Olympic Committees  
Heads IOC Accredited Laboratories  
International Olympic Sports Federations  
Recognised International Federations  
WADA  
Council of Europe

Lausanne, 29<sup>th</sup> May 2001  
Ref. : ME/C/LAB/F/Fr/163/2001/sch

Re : Explanatory document on the IOC List of Prohibited Substances and Prohibited Methods 2001 - 2002

### **1. Beta 2 Agonists**

At the Olympic Games, athletes who require an inhaled beta 2 agonist to treat asthma and/or exercise-induced bronchoconstriction (exercise-induced 'asthma') in Salt Lake City will be required to submit to the IOC-MC clinical and laboratory (including respiratory function tests) evidence that justifies such treatment. This must be received by the IOC-MC at least one week prior to the athlete's first competition. A panel of scientific and medical experts will review the submitted information. In doubtful cases, the panel has the authority to perform appropriate scientifically validated tests

Inhaled formoterol and terbutaline are permitted with notification prior to the competition.

### **2. Blood doping**

The definition of blood doping as stated in the Olympic Movement Anti-Doping Code is included in the list.

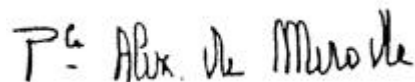
### **3. Glucocorticosteroids**

Glucocorticosteroids administered by local or intra-articular injection remain permitted, but International Federations may require written notification of such injection.

### **4. Expanded list of examples**

Bupropion : is added on this list as a prohibited stimulant.

Aromatase inhibitors\* : is added to the list and are prohibited in males only.



Prince Alexandre de MERODE  
Chairman, IOC Medical Commission